SOAR seeks to end homelessness through increased access to SSI/SSDI income supports. This program, part of the Substance Abuse and Mental Health Services Administration (SAMHSA), directly addresses SAMHSA’s assertion: “To recover, people need a safe stable place to live.” Here’s a resource identified as helpful in assisting consumers seeking disability: SSI access outreach and recovery
https://soarworks.prairie.com
www.lockyourmeds.org/nc

If someone you know or love needs help with prescription medication misuse or abuse, please visit the website for Disability:
https://www.thefix.com/content/12
https://www.nami.org/Blogs/NAMI
https://psychcentral.com/lib/9


A new “Take it with you Apps” with tips for the holiday season
https://www.thefix.com/content/12-apps-12-steps-holiday-survival-guide9472

1. DBT 911  http://www.dbtselfhelp.com
2. quickSTART ™ is a free app made for teens who want to quit smoking, but adults can use it too. This app takes the information you provide about your smoking history and gives you tailored tips, inspiration, and challenges to help you become smoke free and live a healthier life.

Mission Statement
To inspire and empower people to seek and maintain recovery and health.

We hope this publication proves useful and we invite your thoughts regarding its content, format and distribution. Please contact Quality Assurance Director Bonnie Miller (bmiller@daymarkrecovery.org) for comments and suggestions, or to request topics for future issues.

News of Interest from Daymark Recovery Services

CARF Accreditation
Accreditation demonstrates a provider’s commitment to continuously improve service quality and to focus on the satisfaction of the persons served.
CARF International is an independent, accrediting body of health and human services. CARF-accredited service providers have applied CARF’s comprehensive set of standards for quality to their business and service delivery practices.
This means that they have demonstrated conformance to proven standards for business practices and are committed to continuous quality improvement. Each provider’s commitment to excellence is periodically evaluated on site and reconfirmed annually.

The following Daymark services are accredited by CARF:

- Assertive Community Treatment  Assessment and referral
- Community Integration  Crisis Intervention
- Crisis Stabilization  Day Treatment
- Intensive Family Based Services  Residential Treatment
- Intensive Outpatient Treatment  Outpatient treatment

CARF’s leading-edge standards are developed collaboratively with involvement of professionals and clients just like you. CARF encourages individuals with many perspectives to take part in developing these standards.
Daymark Recovery Services received the highest CARF accreditation outcome in 2015 and will be reviewed on site in 2018.
At that time, individuals receiving services will have the opportunity to speak with CARF surveyors about their experience and satisfaction with Daymark Recovery Services.

Submit by: Bob Wilson, MA, LPCS, MBA  Avery County Center Director
(Reprint from July 2017 Newsletter)
You’re Getting a New Medicare Card!

Medicare will mail new Medicare cards between April 2018 – April 2019. We’re removing Social Security Numbers from Medicare cards to prevent fraud, fight identity theft, and keep taxpayer dollars safe.

1. Your card will have a new Medicare Number instead of a Social Security Number.
2. Make sure your mailing address is up to date so you get your new card.
3. Visit ssa.gov/myaccount or call 1-800-772-1213 (TTY:1-800-325-0778) to correct your mailing address.

Source: CMS Centers for Medicare and Medicaid Services
CMS Product No. 12006  August 2017

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<th>New Medicare Card example</th>
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Current Medicare Number

New Medicare Number example

Daymark Recovery Services

Chatham County

What’s new in Chatham County? Daymark Recovery Services! Daymark opened a brand new center in Chatham County July of 2017. We offered services on our first day in the building on July 3, 2017.

The Chatham center is staffed by new hires as well as several employees who transferred from other centers. During our opening month, staff throughout numerous local centers traveled to the Chatham Center in order to provide supportive assistance with the grand opening of services.

Our center has been able to not only open services for new patients, but also transferred patient services from other providers.

As our numbers have continued to grow, so does our clinical and medical staff.

We provide the following services:

- Advanced Access (walk-in crisis services)
- Comprehensive Clinical Assessments
- Psychiatric Evaluations
- Medication Management
- Individual, and group therapy treating substance abuse and/or mental health
- SAIOP (Substance Abuse Intensive Outpatient)
- Intensive In-Home services.

Intensive In-Home services is a time limited, intensive child and family intervention intended to prevent out of home placement for the child. This service reduces presenting psychiatric or substance abuse symptoms and provides first responder intervention to diffuse the current crisis.

We have received an outpouring of support throughout Daymark, in addition to the local community, who have welcomed us with overwhelming support. The Daymark Recovery Services center in Chatham County looks forward to continued growth providing the best possible care for our clients!

www.daymarkrecovery.org  Enriching Life... Enhancing Lives